

Lent begins on February 14th, Ash Wednesday. Mass will be celebrated at 9:00 a.m. and 7:00 p.m. Ash Wednesday is not a Holy Day of Obligation, but it is an important day to start your Lenten Season. It is a day of fasting and abstinence.

Fasting and Abstinence during Lent is on <u>Ash Wednesday</u> and <u>Good Friday</u>. Catholics between the ages of 18 and 59 are permitted one full meal and two lesser meals per day (which together should not equal one full meal), with no eating between meals. All other Fridays are days of abstinence, which means to abstain from eating meat. Catholics who are 14 years or older should abstain from meat entirely. Soups and gravies made from meat are permitted.

Lenten Activities

Daily Mass: Monday, Tuesday, Friday at 8:00 a.m., Wednesday at 6:00 p.m. and Thursday at 9:00 a.m. Make this Lent a Retreat. Allow the Lord to draw you closer to His Heart each day through Word and Sacrament.

Stations of the Cross: Fridays at 12:00 noon in the Garden and <u>on Good Friday only</u> an additional 7:00 p.m. in the Church. Come make a spiritual pilgrimage of prayer each Friday and meditate upon the final hours of our Lord's life as he carried the cross for our sins.

Eucharistic Adoration: A time of prayer and contemplation in the Presence of Our Eucharistic Lord. Adoration of the Holy Eucharist will be every Wednesday from 5:00 to 5:50 p.m. during Lent.

Penance Service: Sunday February 25th at 4:00 p.m. The Lord always showers us with His grace. During Holy Week and Easter, the Lord's graces flow in abundance. Prepare yourself to fruitfully receive those graces during the celebration of the Lord's passion, death, and resurrection by purging yourself of your sins at our Lenten penance service. Several priests will be available to hear your confession and grant absolution.



2024

5:00 – 5:50 p.m. Eucharistic Adoration – Every Wednesday during Lent

Wednesday - March 27th

11:00 a.m. Chrism Mass at the Cathedral-Basilica of St. Augustine

5:00 – 5:30 p.m. Confessions

5:00 – 5:50 p.m. Eucharistic Adoration

6:00 p.m. Mass

Koly Thursday - March 28th

(No Morning Mass) **8:00 a.m.** Morning Prayer

7:00 p.m. Mass of the Lord's Supper

Adoration following Mass until 10:00 p.m.

Good Friday - March 29thth

A Day of Fast and Abstinence

(No Morning Mass)
Morning Prayer

8:00 a.m. Morning Prayer

12:00 p.m. Stations of the Cross (in the Garden of the Cross)

3:00 p.m. Passion of the Lord (with Holy Eucharist) **7:00 p.m.** Stations of the Cross (in the Church)

Holy Saturday - March 30th

(No Confessions on Holy Saturday)

8:00 a.m. Morning Prayer 8:15 p.m. The Easter Vigil Mass

Easter Sunday – March 31st

9:00 a.m. Mass of the Resurrection

10:15 a.m. Easter Egg Hunt

11:00 a.m. Mass of the Resurrection

Divine Mercy Sunday - April 7h

3:00 – 4:00 p.m. Adoration and Chaplet of Divine Mercy